



Youth Obesity Prevention Summit

March 7-8, 2012
Crowne Plaza Hotel
1480 Crystal Drive
Arlington, VA

The Youth Obesity Prevention Summit will give BoHS members and their faculty, Family and Consumer Sciences Alliance members and other important partners time to focus on the important and relevant topic of Youth Obesity Prevention. The goal of the Summit is to educate, collaborate and generate an action plan that will strengthen the presence of Human Sciences in addressing the issue of Youth Obesity Prevention.

Dr. Alice Lichtenstein of Tufts University is the inspiring opening speaker. She co-authored the article *Bring Back Home Economics Education*, which begins by stating, "Home economics, otherwise known as domestic education, was a fixture in secondary schools through the 1960s, at least for girls. The underlying concept was that future homemakers should be educated in the care and feeding of their families. This idea now seems quaint, but in the midst of a pediatric obesity epidemic and concerns about the poor diet quality of adolescents in the United States, instruction in basic food preparation and meal planning skills needs to be part of any long-term solution". The entire article will be posted on the new BoHS website www.TheBoHS.org

Dr. Brian Wansink of Cornell University is the distinguished keynote speaker. He directs the Cornell Food and Brand Laboratory and is the lead author of over 100 academic articles and books on eating behavior, including the best-selling *Mindless Eating: Why We Eat More Than We Think*, *Marketing Nutrition*, *Asking Questions*, and *Consumer Panels*. Dr. Wansink is known as the Sherlock Holmes of food, constantly investigating why people eat what they do. Wansink's award-winning academic research on changing eating behaviors has been published in the world's top marketing, medical, nutrition and obesity journals. Information about Dr. Wansink is on the new BoHS website www.TheBoHS.org

The Summit will showcase model programs for Youth Obesity Prevention in the human sciences and other disciplines. Experts in medicine, social work and other disciplines will present philosophical models of successful programs and describe opportunities for collaborative research, education and outreach. The Summit will conclude with a response and call to action.

We encourage anyone interested in addressing the important issue of youth obesity to attend the Youth Obesity Prevention Summit. Registration for the Summit is \$125 prior to February 10, 2012 and \$175 after that.

Register online at www.TheBoHS.org



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Wednesday, March 7, 2012	
11:00 a.m. - 12:45 p.m.	<p>Dietary Guidance – Why Are We Being Ignored and What Can We Do About It? <i>Dr. Alice Lichtenstein of Tufts University</i> <i>Gershoff Professor of Nutrition Science and Policy</i> <i>Director and Senior Scientist, Cardiovascular Nutrition Laboratory</i> Presider: Dr. Billie Collier of Florida State University and BoHS Chair</p>
1:00 - 2:00 p.m.	<p>Preventing Youth Obesity: Behavior in Environmental Contexts <i>Dr. Brian Wansink of Cornell University</i> <i>Professor and John S. Dyson Endowed Chair in the</i> <i>Charles H. Dyson School of Applied Economics and Management</i> Presider: Dr. Stephan Wilson of Oklahoma State University</p>
2:00 - 3:00 p.m.	<p>Prevention and Intervention in Schools and Homes to Reduce Issues of Youth Obesity <i>Dr. Donna Matheson of Stanford University</i> <i>Dr. Laura Bellows of Colorado State University</i> Presider: Dr. Kathleen Morgan of Rutgers University</p>
3:00 - 3:30 p.m.	<p>Networking Break</p>
3: 30 - 4:30 p.m.	<p>Family Centered Model Programs for Youth Obesity Prevention <i>Dr. Peter Clarke of the University of Southern California</i> <i>Professor of Preventive Medicine in the School of Medicine and Professor of</i> <i>Communication in the Annenberg School for Communication and Journalism</i> <i>Dr. Susan H. Evans of the University of Southern California</i> <i>Senior Scientist in the Annenberg School for Communication and Journalism</i> Presider: Dr. Mary McPhail Gray of McPhail Consulting, LLC</p>
4:30 - 5:15 p.m.	<p>Youth Obesity: A Transdisciplinary Multi-Institutional Graduate Education Model <i>Dr. Wanda Koszewski of the University of Nebraska-Lincoln</i> <i>Program Director for Nutrition and Health Sciences</i> Presider: Dr. Pamela White of Iowa State University</p>
5:15 - 5:45 p.m.	<p>Implications: A Response and Call to Action <i>Proposing implications and actions for the Human Sciences.</i></p>
6:30 - 8:30 p.m.	<p>Reception, Dinner and Roundtable Discussions <i>Commentator and Facilitator: Dr. Pat Kendall of Colorado State University</i> <i>Featuring discussion of collaborative obesity prevention initiatives</i></p>
Thursday, March 8, 2011	
7:30 - 8:30 a.m.	<p>Breakfast and Featured Presentation Life as a Member of the Dietary Guidelines for Americans National Committee: How do we Prepare Professionals for this Role? <i>Dr. Cheryl Achterberg of The Ohio State University</i></p>
8:30 - 10:00 a.m.	<p>Youth Obesity Prevention Summit Working Session <i>Action plan for the Board on Human Sciences and collaborators</i></p>

Sponsored by the APLU Board on Human Sciences